



Hawk News

From the Administrator's Desk



Dear Painted Rock Academy Families,

As we move into March, I'm reminded of the longer days and warmer weather ahead which bring us renewed energy. This is also a great opportunity for our students and families to reflect on the progress we've made throughout the school year. We will continue to depend on your dedication to your child's learning as we approach the final quarter.

Spring Fling – Mark Your Calendar!

We're excited to announce our Spring Fling on **March 7th from 11:00 a.m. to 2:00 p.m.** This is a fantastic school event, and we are looking for volunteers to help make it a success. Whether you can help with setting up, running activities, or cleaning up, we'd love to have you join us. Volunteering at this event is also a wonderful way to fulfill your three volunteer hours per month. If you're interested in helping, please [click here](#).

Spring Break – Enjoy a Well-Deserved Break

Our students and staff will enjoy a well-deserved break from **March 16th - 20th**. It is our hope that you use the time to rest, spend quality time together, and recharge for the final stretch of the school year. We will look forward to seeing everyone refreshed to finish the academic year.

State Testing – Important Dates!

Please mark your calendar with these important testing dates:

- **Science (5th & 8th grades): March 24th - 26th**
- **Writing, Reading and Math (3rd – 8th grades): March 30th - April 2nd**

Our teachers have been working very diligently to ensure every child feels prepared and confident. If you have questions about the assessment schedules or how you can support learning at home, please don't hesitate to reach out to your child's teacher.

I'm grateful to the families and volunteers who continue to strengthen our school. Your involvement makes a real difference. Thank you for your continued partnership.

Sincerely,

Mrs. Stella Goshow, M. Ed.

Principal, Painted Rock Academy

Nash's Notes

Notes from the Assistant Principal



Spring greetings, families!

Hearing the sound of the lawnmower out front the other day reminded me of how the weather is shifting and warmer days are ahead. The days will get a bit longer and the upcoming events bring a sense of excitement. I hope the following information will help the remainder of the year go smoothly and be enjoyable for everyone.

Please remember that students continue to grow taller and their shorts, skirts, and jumpers may need to be replaced. The school dress standard, found on pages 15 and 16 of the Student Planner, states the following:

- Shorts must be no shorter than 4" above the middle of the knee and no longer than the middle of the knee.
- Skirts, skorts, and jumpers must be no shorter than 4" from the back of the knee. K - 6th grade students are encouraged to wear shorts under their skirts.

Also, remember that every minute counts for students' academic success. The north side drop-off doors are open from 7:30 - 8:03 a.m. to ensure students are in their classroom before the tardy bell rings. Once the doors close, you will need to park and walk your child in to the office to sign them in. We appreciate your support of our classroom routines.

Sincerely,

Mrs. Nash, Assistant Principal

Lost and Found

Has your child misplaced an item? It may be in the lost and found bin in the Multi-Purpose Room. Please take a look during Spring Fling to find any personal items. Labeling with your child's first and last name help prevent items being left in the Lost and Found.

If items are not claimed in a month, they will be donated.

Tax Credit Donation

Our school thrives on generous community support through [Arizona Tax Credit donations](#). These contributions fund extracurricular programs, equipment, transportation, and essential resources. By directing your tax credit to our school—at NO COST TO YOU—you help create opportunities for students and strengthen the programs that support their success.

From the Desk of Nurse Rose

Flu and RSV cases in Maricopa County remain high, according to the Arizona Department of Health Services. Please remember if your child has a fever that is 100 degrees Fahrenheit or greater, he or she will need to stay at home until it has been 24 hours without a fever and without the use of fever reducing medication (acetaminophen, ibuprofen, naproxen). If your child is not feeling well, please keep him or her at home until symptoms improve. If your child needs medications while at school, a parent or guardian must bring the medication to the nurse's office and fill out a consent form. No medications should be in a student's backpack without specific permission. This includes over-the-counter medications and homeopathic medications as well.



Spread the word - New enrollment

We're thankful for the trust you place in Painted Rock Academy. Because of our amazing families, we continue to thrive and proudly hold an "A" rating from the Arizona Department of Education. As we enroll for the 2026-2027 school year, we invite you to share our school with friends and family who are seeking strong academics and character-focused education. Thank you for being a valued part of our community.



Upcoming Events

Soccer Tryout

Monday, March 2nd

PROP Used Uniform Sales

Wednesday, March 4th

PROP Meeting - 8:15 a.m.

Thursday, March 5th

Talent Show

Thursday, March 5th, 5:00 - 6:30 p.m.

Spirit Day & Morning Assembly

Friday, March 6th

8:15 A.M. - Families welcome

Spring Fling

Saturday, March 7th, 11:00 - 2:00 p.m.

NJHS Induction Ceremony

Thursday, March 12th, 5:00 p.m.

Early Release

Friday, March 13th

No School - Spring Break

Monday, March 16th - Friday, March 20th

Yearbook Order Deadline

Friday, March 20th

Report Cards for Quarter 3

Wednesday, March 25th

Arizona Achievement Testing

March 24th through April 2nd

Yearbook

Order your yearbook now!

Ordering online gives you two free pages that are customized and printed **only** in your child's book. Include your own photos or a message from you. Want more pages? Each additional set of two pages is just \$1.99. Order now and keep editing your custom pages.

The yearbooks comes with your choice of soft cover or hard cover.

Visit [TreeRing](#) to learn more.

School passcode: 1015375557154465

Order Deadline:

March 20, 2026



Scan this QR Code to get started today!

Fossils in First Grade

Students discovered through informative reading the scientific elements of fossils. Then, they completed a project of creating their own! They used various materials, like a starfish, owl feet, and leaves, to copy into clay. Some real fossils were also presented.



It is an honor to hear several of our students have been accepted into Xavier College Prep.

Congratulations, Dahlia M., Genevieve A., and Reygan M.!
We know you will represent us well.

Valentine's Day Parties

February 13th was an eventful day for all students! Friendships were strengthened through sharing Valentine's cards and yummy treats delighted students.



Field Day



Getting outside to participate in Field Day encouraged team work, physical education, and fun with friends. Shout out to the many volunteers who made this event a success!



Around Our Campus

Welcome to Our World!

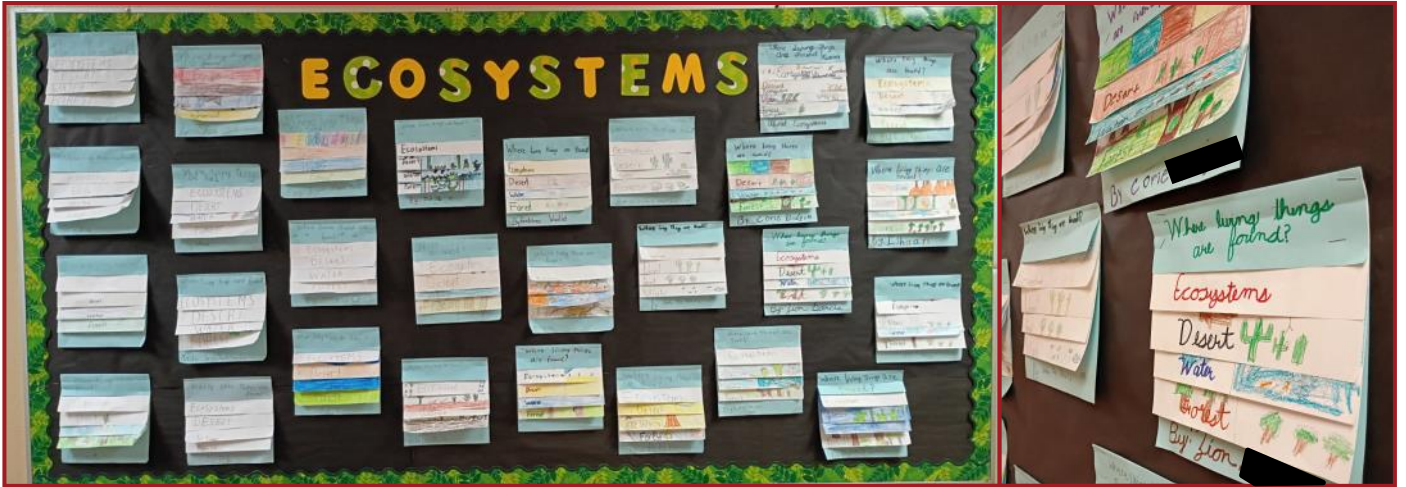
Sixth grade students explored countries around the globe.

Each student selected a country and became an expert in five key areas:

- ◇ Culture - traditions, languages, food, holidays, and customs
- ◇ Geography - location, borders, major cities, landforms, and natural resources
- ◇ Climate - weather patterns, seasons, and environmental conditions
- ◇ Government & Politics - how the country is led and its political system
- ◇ Land Features - mountains, rivers, and ecosystems

This bulletin board is a showcase of their incredible learning!

Traveling through countries without leaving school



Third grade students designed this display of the ecosystems of our world.

In Our Library

February was **National Children's Dental Health Month!**

Our Kindergarten through 2nd grade students celebrated in the library by reading books about dental health. They also discussed the importance of taking good care of their teeth.

Pictured is 1st grade, excited to hear My Friend Toothy by Stacey Laviolette and How to Catch the Tooth Fairy by Adam Wallace.



Field Trips

First Grade - Wildlife World Zoo

Our first grade students visited the Wildlife World Zoo this month to investigate the wide range of animals in the exhibits. The zoo has Arizona's largest collection of exotic and endangered animals, including a new baby Pygmy Hippo! Students were thrilled by the sights and sounds of the monkeys, birds, and aquarium animals.



Thank you, teachers, for coordinating this wonderful experience for the students when planning this field trip!

Sports

Boys' Basketball



The Boys' Basketball team, under the enthusiastic and committed leadership of Coaches Brittney, Smith, and Tracey, had a strong season and showed terrific perseverance and sportsmanship. The boys played with integrity and teamwork at all their games. Well done, Hawks!

Girls' Basketball - Champions



The Girls' Basketball team played diligently in each game and capped off the season by winning the league championship game, with an impressive 10-1 record. Congratulations to the entire team for the hard work, dedication, and strong sportsmanship. Each player gave full effort and support. Thank you, Coaches Tracey, Lisa, and Nikki for your support and making this a great season!

Cheerleading



Our cheerleaders provided energetic support at some of our basketball games. Thank you, cheerleaders, for keeping the Hawk Spirit high!

Co-Ed Soccer



This season for soccer has launched for 5th through 8th grade students as a co-ed team.

Coaches J., Armentrout, and Chau have held tryouts and will be announcing the team this week. Watch for games to be posted on [our calendar](#) to come cheer on our Hawks.

Painted Rock Organization of Parents

Monthly Meeting

Thursday, March 5th

Join us in the Parent Room at 8:00 a.m. for coffee and greetings.

The meeting will begin at 8:15 a.m.

Used Uniform Sales

Visit the Parent Room to purchase gently used uniforms on the first & third Wednesdays of every month.

Next Sale Date: March 4th

Before school: 7:30 - 8:15 a.m.

After school: 2:15 - 3:30 p.m.

Shirts: \$2

Bottoms, Jumpers: \$3

Sweaters: \$3

Donate two clothing items, get one free.

****MORE VOLUNTEERS ARE NEEDED to help with Used Uniforms.**

Email propazpresident@gmail.com for more information



Follow PROP on Facebook and Instagram!



@painted_rock_parents



@PaintedRockParents

SPRING FLING

SATURDAY, MARCH 7TH

11A.M. - 2P.M.

Join us for Games, Food, Bounce Houses, Raffles, & Family Fun!

*Plus character appearances from a galaxy far,
far away...*

VOLUNTEERS ARE NEEDED

[SIGN UP HERE](#)

**Check your email & watch for flyers with more detailed information



Did you know?

Painted Rock Families are requested to volunteer at least three hours per month per family.

PROP always has volunteer opportunities! We love when parents play an active role in their child's school. Come to our next PROP Meeting to find out what's going on, watch for emails with Signup Geniuses or email volunteerPROP@gmail.com to be added to our database!



Kindergarten Round-up

Painted Rock Academy is hosting a special event for incoming Kindergarten students on Saturday, March 7, 2026, at 10:30 a.m.

This special event is designed to help new families feel confident, connected and ready for the year ahead. It's a wonderful opportunity to learn more about our curriculum and how we provide a traditional foundation for the future.

RSVP TODAY!




During the event, participants will:

- Hear an overview of our Kindergarten program from our Principal.
- Tour our campus, including our Kindergarten classrooms and playground.
- Meet our staff and have your questions answered.
- Join our Spring Fling festivities at 11:00 a.m. You will receive a complimentary raffle ticket for a chance to win a displayed Raffle Basket of your choice.



We look forward to celebrating the start of your child's journey with us. Please RSVP to this event.



 14800 N. 25th Drive
Phoenix, AZ 85023

March 2026

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 Co-Ed Soccer Try-outs: 5 th -8 th 3:30-4:30 p.m.	3	4 PROP Used Uniform Sales 7:30-8:15 a.m. & 2:15-3:30 p.m.	5 PROP Meeting 8:15 a.m. Talent Show 5:00-6:30 p.m.	6 Spirit Day Morning Assembly 8:15 a.m. PROPsicles	7 Kindergarten Round-up 10:30 a.m. Spring Fling 11:00 - 2:00 p.m.
8	9	10	11	12 NJHS Induction Ceremony 5:00 p.m.	13 End of 3rd Quarter Early Release Staff Development	14
15	No School - Spring Break					21
22	23	24	25 Report Card	26	27	28
29	Arizona Achievement Testing - until 4/2					



March 2026

What's for lunch?



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

- 2 - Hamburger & Fries
- Chicken Sandwich & Fries
- Grilled Cheese & Fries

- 9 - Chicken Nuggets & Fries
- Chicken Tenders & Fries
- Grilled Cheese & Fries

- 23 - Chicken Nuggets & Fries
- Grilled Cheese & Fries
- Teriyaki Chicken & Fries

- 30 - Bean Tacos
- Nachos: Tortilla Chips & Nacho Cheese
- Rolled Up Beef Taquitos
- Rolled Up Chicken

- 3 - Mini Cheese Pizza
- Mini Pepperoni Pizza
- Cheese OR Pepperoni Stuffed Crust Pizza Slices
- Pepperoni Hot Pocket

- 10 - Mini Cheese Pizza
- Mini Pepperoni Pizza
- Cheese OR Pepperoni Stuffed Crust Pizza Slices
- Pepperoni Hot Pocket

- 24 - Mini Cheese Pizza
- Mini Pepperoni Pizza
- Cheese OR Pepperoni Stuffed Crust Pizza Slices
- Pepperoni Hot Pocket

- 31 - Mini Cheese Pizza
- Mini Pepperoni Pizza
- Cheese OR Pepperoni Stuffed Crust Pizza Slices
- Pepperoni Hot Pocket

- 4 - Cheese Quesadilla
- Chicken Quesadilla
- Beef Chimichanga
- Chicken Chimichanga
- Nachos: Tortilla Chips & Nacho Cheese

- 11 - Bean Tacos
- Nachos: Tortilla Chips & Nacho Cheese
- Rolled Up Beef Taquitos
- Rolled Up Chicken

- 25 - Buttery Noodles
- Pasta Marinara & Meatballs
- Pasta w/ Marinara Sauce

- Sides**
- PB&J
 - Cheesecake
 - Lays Chips
 - Doritos Nachos
 - Mini Oreo Snack Bag
 - YoPlait Go-Gurt

- 5 - French Toast (3 sl.)
- French Toast & Egg (Cheese OR Bacon) Bites
- EGGO Mini Pancake:
- Confetti OR Maple Syrup

- 12 - Breakfast Sandwich: w/ OR w/o Cheese
- EGGO Mini Pancake:
- Confetti OR Maple Syrup
- EGGO Mini Waffles

- 26 - Pancake & Turkey Sausage on a Stick
- EGGO Mini Waffles
- EGGO Mini Pancake:
- Confetti OR Maple Syrup

- A LA CARTE - Served daily**
- Mini Chocolate Chip Cookies
 - GoGo Squeez Apple Sauce
 - Saled Bar and Fruit
 - PB&J, Salad and Fruit - No Drink
 - Unavailable - Grapes or Strawberry
 - Knotts Berry Farms Strawberry Cookies

- 6 - Mini Cheese Pizza
- Mini Pepperoni Pizza
- Cheese OR Pepperoni Stuffed Crust Pizza Slices
- Pepperoni Hot Pocket

13 **Early Release**

- 27 - Corn Dogs & Chips
- Hot Dog & Chips
- Grilled Cheese & Chips

- Drinks**
- Apple Juice Box
 - One Milk
 - Capri-Sun - variety flavors
- Breakfast Day Add-ons**
- One Egg Patty
 - One Sausage Patty
 - One Hash Brown

No School: Spring Break