



Hawk News

From the Administrator's Desk



Dear Painted Rock Academy Families,

Thank you to our Parent Organization for putting on a terrific Spring Fling. It was so nice to see everyone enjoying the beautiful day filled with many activities. Thank you for being part of what makes our school community so special.

Volunteering is at the heart of Painted Rock Academy's philosophy. We ask that all families contribute a minimum of three hours each month. These hours are so important because they strengthen the connection between school and home, and they help us keep our great events and traditions thriving. We simply couldn't do this without you!

If you're not sure how to get involved, please don't hesitate to reach out. You can email me or PROP directly, and we'll be happy to help you find the perfect way to contribute.

Spring State Testing Week

As spring is in full bloom, we are also testing for our state assessments! During the week of March 30th, our campus will be closed to visitors until 11:30 a.m. to allow our students in grades 3–8 to focus on AASA testing.

To help your child succeed, we kindly ask you:

- **Send a nutritious breakfast** with them each day
- **Arrive on time** every morning
- **Ensure they get plenty of rest** the night before
- **Help them understand** the importance of these assessments.

Testing begins at 8:30 a.m., and students must remain in the classroom until 11:30 a.m. Once testing starts, we won't be able to admit students, so punctuality is important. If possible, please schedule any doctor's or dentist appointments outside of the test window.

Your partnership and cooperation mean everything to us. Here's to a wonderful spring and a strong, academically focused finish to the school year!

Warmly,

Mrs. Stella Goshow, M. Ed.

Principal, Painted Rock Academy

Upcoming Events

Arizona's Academic Standards Assessments 3rd-8th grades

Monday, March 30th - April 2nd

No School - Spring Day Recess

Friday, April 3rd

PROP Used Uniform Sales

Wednesday, April 8th & Wednesday, April 22nd

PROP Meeting - 8:15 a.m.

Thursday, April 9th

Spirit Day & Morning Assembly

Friday, April 10th

8:15 A.M. - Families welcome

Read-In

Wednesday, April 15th

Progress Reports for Quarter 4

Wednesday, April 22nd

Early Release - Staff Development

Friday, April 24th

Scholastic Book Fair

Monday, April 27th - Friday, May 1st

Yearbook

There is time to order
your yearbook!

The yearbooks comes with your choice of soft cover or hard cover.

Visit [TreeRing](#) to learn more.

School passcode: 1015375557154465

**To have it shipped to the school,
order by April 15, 2026**

**Orders placed after April 15th will be
shipped to your home, and shipping
fees will apply.**



Scan this QR
Code to get
started today!

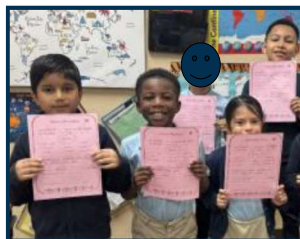
From the Desk of Nurse Rose

As the end of this school year approaches, please note that all medications held in the health office must be picked up by the last day of class. It is school policy to discard any medications left behind over the summer.

Please also ensure that your students are caught up on vaccinations for next school year. If you have any questions, feel free to email the school nurse at rose@paintedrockacademy.com.



Excellent behavior is recognized in every classroom through positive office referrals. These students in first grade earned 100% on phonograms and math facts recently! Nicely done!



A Reminder Message From Our Government

As a public school, Painted Rock Academy is asked to make our families aware of certain state and governmental notices. The McKinney-Vento Act which has special guidelines on the enrollment and education of homeless children, as outlined in the McKinney-Vento Homeless Assistance Act.

For more information, see [Rights of Homeless Students](#).

Consider posting a review
on [Facebook](#), [Great Schools](#),
[Yelp](#), and [Niche](#) to support
families in the community
seeing what makes PRA
an excellent place to
choose for education!



Teacher Appreciation is May 4th - 8th

More information will be sent home at the end of April with food donation requests for meals that week. Please consider having your child show appreciation for their teacher through a compliment, a personalized card, or by creating a picture for them. If you have any questions, please contact the front office.



Seventh and Eighth Grade Awards



Our seventh and eighth grade teachers recognize the diligent work of students in their classes each quarter with an awards ceremony.



Eighth Grade T-Shirts

Every year, the eighth grade class creates a custom designed t-shirt to commemorate their time together.

Pictured below is the administrative team showing their support for the class. On the wall are the prior years' t-shirts.

The theme this year is "Rooted Together, Growing Forever" with a tree design on the back.

Flags for First Graders

A special thank you to the Lions Club! They came to give the first grade students a presentation about American flag history, etiquette, and patriotism.



National Junior Honor Society (NJHS)

Being inducted into NJHS is a prestigious recognition of these students' hard work and commitment to high standards. Painted Rock is incredibly proud of their accomplishments and the positive impact they are making to strive to emulate the five pillars of NJHS - Scholarship, Service, Leadership, Character, and Citizenship. They are exemplary role models for our school community. We are incredibly proud of each of them and look forward to seeing the positive impact they will continue to make as NJHS members.



Thank you, Mrs. Shinde, Ms. Christian, Ms. Wolpert, and Mrs. Armentrout for your leadership in NJHS.

Talent Show



The fourth annual talent show was a remarkable evening of a full range of talents.

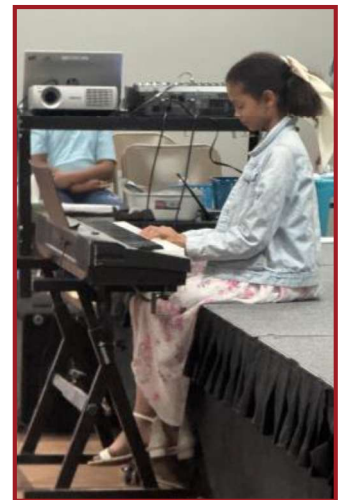
All the performances delighted the audience with their skills in dance, singing, painting, puppeteering, presenting information, and piano. A karate and cheerleading routine were also included. Mrs. Thangavel provided an opening song performance.



Mrs. Patel, Ms. Jackson, and Mrs. Modi organized this event across several months and collaborated with families to make this an excellent show.

Thank you, teachers for your hard work!

We are excited to see these students and more at the next talent show!



Spring Fling



Thank you to the numerous volunteers who made the Spring Fling event a success! Families came and enjoyed the games hosted by local businesses, Star Wars™ character visitors, temporary tattoo station, and food.



Congratulations to the many winners of the raffle baskets! Some were focused on health and activities, others were filled with all the items for a game night or music party!



One of the after-school programs with Arizona Instruction includes Jr. Cheerleading. Students learn the fundamentals of team coordination, cheering, and dance. Their performance during the Spring Fling delighted us with their smiles and routine.



Around Our Campus

Reading is a fundamental skill that all students must learn. Utilizing the Spalding phonics method is a hallmark of our curriculum. Students in every grade level are mastering and reviewing up to 80 phonograms, which has been proven to accelerate their reading-level fluency. Learn more about the curriculum [here on our website](#).

Pictured is Mrs. Sultana, 2nd grade, using Spalding to teach her class reading skills. She is also seeking to earn her credentials as a Spalding Certified Teacher. Painted Rock is one of only ten schools in Arizona that is Spalding Accredited.



These and more remarkable displays of our solar system were created by our sixth grade students. Excellent details and well-researched information about the planets were available for other classes to see.



In Our Kindergarten Classroom



Inspired by the artist Wassily Kandinsky students in kindergarten created their own work of art.

You can come see art like this and many more at our upcoming Art Walk event on April 30th! Ms. Wolpert, our art teacher, is diligently working with students in every grade level to create full displays for our community to enjoy. Join us from 5:00 to 7:00 p.m.

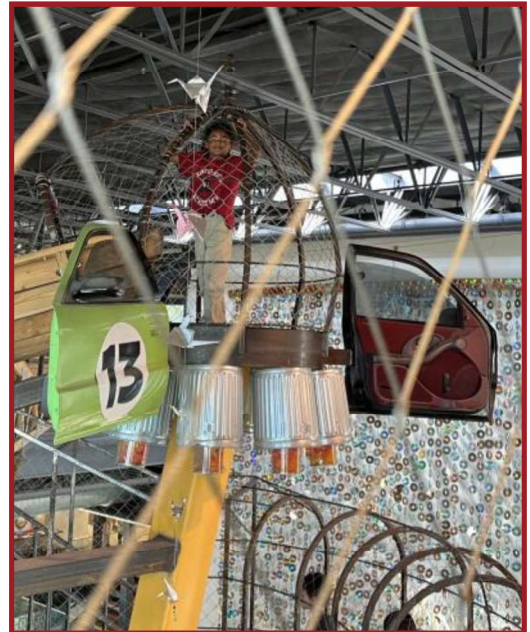
Field Trips

Third Grade - Phoenix Children's Museum

Our third grade students visited the Phoenix Children's Museum to explore the wide range of exhibits and experiences. The 48,000 square feet of space offers more than 300 play experiences! Students were thrilled with the open-ended opportunities to climb, create art, and use their imaginations.



Thank you, teachers, for coordinating this mind-building and unique field trip for our students!



Field Trips

Fourth Grade - Pioneer Living History Museum

Our fourth grade students visited the 19th century displays at Pioneer Arizona. Students were able to discover what life would have been like, even walking through some original buildings preserved from that time. The on-site Museum of Telephone and Telegraph History contained artifacts showing the progress from using morse code to current technology.



Thank you, teachers,
for finding this unique
experience for the
classes!

Sports

Co-ed Soccer



Pictured is Coach J (left), Coach Chau (middle) and Coach Armentrout (right)

“**Coach J.**”, our P.E. teacher, started playing soccer at the age of six and quickly developed a passion for the game. He loves soccer because it is an active sport, allows connection with others, and encourages healthy competition. Coach J. played on Ironwood High School's varsity team for four years and won the state championship in 2000.

Coach Armentrout grew up playing volleyball, basketball, and running track in high school. Her love for soccer came when her son, Austin, started playing at the age of four. She is very excited for this soccer season at PRA and feels honored to be able to coach these great students.

Coach Chau enjoys soccer because of the combination of strategy, teamwork, and constant movement. Though he didn't play competitively growing up, he followed the game closely and enjoys being around it. He is excited to work with students in this setting to support their growth individually and as a team. Outside of soccer, Coach Chau teaches math and enjoys finding ways to connect problem-solving skills to real-life situations.

Cheerleading



Our PRA cheerleaders, through the coaching of Mrs. Brittney, gave an exciting performance during our March morning assembly. Way to go, Hawk Squad!



Painted Rock Organization of Parents

Monthly Meeting

Thursday, April 9th

8:15 a.m.

We will be taking nominations for Board Members for the next school year and will be discussing the Book Fair and other end-of-the-year events!



WE WANT YOU!

Get involved in PROP for the upcoming school year!

Voting for the PROP Board Members for the 2026-27 school year will be held during the May 6th meeting.

Please email volunteerprop@gmail.com for more information.

Used Uniform Sales

Visit the Parent Room to purchase gently used uniforms on the first & third Wednesdays of every month.

Next Sale Date: April 8th & April 22nd

Before school: 7:30 - 8:15 a.m.

After school: 2:15 - 3:30 p.m.

Shirts: \$2

Bottoms, Jumpers: \$3

Sweaters: \$3

Donate two clothing items, get one free.

****MORE VOLUNTEERS ARE NEEDED to help with Used Uniforms.**

Email propazpresident@gmail.com for more information



Follow PROP on Facebook and Instagram!



@painted_rock_parents



@PaintedRockParents

MARK YOUR CALENDARS!



Scholastic Book Fair

April 24th through May 1st

Art Walk and Family Night

April 30th, 5:00 - 7:00 p.m.

Staff Appreciation Week

May 4th - 8th



Did you know?

Painted Rock Families are requested to volunteer at least three hours per month per family.

PROP always has volunteer opportunities! We love when parents play an active role in their child's school. Come to our next PROP Meeting to find out what's going on, watch for emails with Signup Geniuses or email volunteerPROP@gmail.com to be added to our database!

April 2026

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4
Arizona's Academic Standards Assessment					No School - Spring Day Recess	
			(6)	(1)		
5	6	7	8	9	10	11
			PROP Used Uniform Sales 7:30-8:15 a.m. & 2:15-3:30 p.m.	PROP Meeting 8:15 a.m.	Spirit Day Morning Assembly 8:15 a.m. PROPsicles	
	(2)	(3)	(4)	(5)	(6)	
12	13	14	15	16	17	18
	(1)	(2)	(3)	(4)	(5)	
19	20	21	22	23	24	25
			Progress Report		Early Release Staff Development	
			PROP Used Uniform Sales 7:30-8:15 a.m. & 2:15-3:30 p.m.		(3)	(4)
	(6)	(1)	(2)			
26	27	28	29	30	Family Night / Art Walk / Sports Recognition 5:00 - 7:00 p.m.	
Scholastic Book Fair - May 1 st						
	(5)	(6)	(1)	(2)		

April 2026

What's for lunch?



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

A LA CARTE - Served daily

Sides

- Mini Chealano Chip Cookies
- GoGo Squeez: Apple Sauce
- Sallad Bar and Fruit
- PB&J, Salad and Fruit - No Drink
- Uncrutable - Grape or Strawberry
- Knotts Berry Farms Strawberry Cookies
- Yoplait Go-Gurt

Drinks

- Apple Juice Box - One Milk
- Capri-Sun - variety flavors
- PB&J
- Chees
- Lays Chips
- Doritos Nachos
- Mini Oreas Sneak Bag
- One Egg Party
- One Sausage Party
- One Hash Brown

Breakfast Day Add-ons

- One Egg Party
- One Sausage Party
- One Hash Brown

- Hamburger & Fries
- Chicken Sandwich & Fries
- Grilled Cheese & Fries

- Chicken Nuggets & Fries
- Chicken Tenders & Fries
- Grilled Cheese & Fries

- Corn Dogs & Chips
- Hot Dog & Chips
- Grilled Cheese & Chips

- Hamburger & Fries
- Chicken Sandwich & Fries
- Grilled Cheese & Fries

- Mini Cheese Pizza
- Mini Pepperoni Pizza
- Cheese OR Pepperoni Stuffed Crust Pizza Slices
- Pepperoni Hot Pocket

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- Cheese Quesadilla
- Chicken Quesadilla
- Beef Chimichanga
- Chicken Chimichanga
- Nachos: Tortilla Chips & Nacho Cheese

- Buttery Noodles
- Pasta Marinara & Meatballs
- Pasta w/ Marinara Sauce

- Bean Tacos
- Nachos: Tortilla Chips & Nacho Cheese
- Rolled Up Beef Taquitos
- Rolled Up Chicken

- Cheese Quesadilla
- Chicken Quesadilla
- Beef Chimichanga
- Chicken Chimichanga
- Nachos: Tortilla Chips & Nacho Cheese

- Chicken Nuggets & Macaroni & Cheese
- Chicken Nuggets & Chips
- Macaroni & Cheese

- Belgian Waffles
- Chicken & Waffles
- 4 Tenders & 3 Waffles
- 3 Tenders and 2 Waffles
- EGGO Mini Pancake
- Confetti OR Maple Syrup
- EGGO Mini Waffles

- Pancake & Turkey Sausage on a Stick
- EGGO Mini Waffles
- EGGO Mini Pancake
- Confetti OR Maple Syrup

- Pancake & Turkey Sausage on a Stick
- EGGO Mini Waffles
- EGGO Mini Pancake
- Confetti OR Maple Syrup

- French Toast (3 sl.)
- French Toast & Egg (Cheese OR Bacon) Bites
- EGGO Mini Pancake
- Confetti OR Maple Syrup

- Pancake & Turkey Sausage on a Stick
- EGGO Mini Waffles
- EGGO Mini Pancake
- Confetti OR Maple Syrup

- Spring Day Recess - No School

- Mini Cheese Pizza
- Mini Pepperoni Pizza
- Cheese OR Pepperoni Stuffed Crust Pizza Slices
- Pepperoni Hot Pocket

- Mini Cheese Pizza
- Mini Pepperoni Pizza
- Cheese OR Pepperoni Stuffed Crust Pizza Slices
- Pepperoni Hot Pocket

- Early Release