



Hawk News

From the Administrator's Desk



Dear Painted Rock Academy Families,

Happy February! Thank you for making December and January so special. I want to share some highlights of some of the wonderful events that took place. Below are winter highlights and upcoming opportunities.

What a wonderful winter season!

- Student Council hosted a joyful Winter Dance - thank you to the leaders and families who helped make it memorable.
- Our choir gave a beautiful concert that showcased our students' musical abilities.
- Students enjoyed being out of uniform for their reward for participating in the Fun Run fundraiser - thank you for your enthusiasm and support!
- The Reindeer Run/Dance brought smiles and excitement across all grade levels.
- Winter classroom parties were celebrated by students and staff.
- In January, we enjoyed a successful Great Skate event and celebrated the 100th Day of School with creative projects.

Looking ahead - We have many exciting events coming up and parental support makes them successful. Ways to get involved:

- Valentine's parties - volunteer to help organize, prepare materials, or bring treats.
- Field Day - help run stations, hand out water/treats, or manage equipment.
- 8th Grade Kickball tournament - support our 8th graders and their fundraiser.
- Talent Show – watch and cheer as students showcase their skills.

Lastly, our state testing is just a few months away. Your partnership helps students feel prepared and confident.

- Keep routines consistent: steady sleep schedule and regular homework time.
- Encourage nightly reading and short math practice to keep skills sharp.
- Communicate with your child's teacher about areas where your child may need extra support.
- Offer positive encouragement – celebrate effort and progress to build confidence.

Thank you for your continued support. Painted Rock Academy thrives because of our caring families, dedicated staff, and wonderful students. I look forward to seeing many of you at our upcoming events and working together to help every child succeed.

Sincerely,
Mrs. Stella Goshow, M. Ed.
Principal, Painted Rock Academy

Nash's Notes

Notes from the Assistant Principal

Quarter three is off to a great start. I continue to enjoy my role as Assistant Principal, especially working with and supporting students and families. One of my responsibilities includes tracking and addressing student discipline. Because we have high expectations for our students and staff, I have compiled a few notes to help you navigate our guidelines for attendance and dress standards. The full policies may be found in the front section of your student planner or [here on our website](#).

Attendance/Tardies (pages 10-11 of the student planner):

- School begins at 8:00 a.m.
- A 5-minute grace period is extended for students to be in their seats by 8:05 a.m.
- Students entering through the office at 8:05 or later will need to be signed in by a parent and will be issued a tardy.
- Four unexcused tardies in the same quarter will result in a lunch detention.
- Detentions will continue to be issued for every four subsequent tardies.
- Continued unexcused tardies will result in a meeting with administration, then in-school suspension, and eventually out-of-school suspension.
- Tardies and absences are both considered when determining eligibility to pass to the next grade level and may lead to a citation for truancy.

Dress Standard (pages 15-17 of the student planner):

Four dress code citations (K-3rd) or three dress code citations (4th-8th) in one grading period will result in a detention. Here are a few reminders (see planner for full standard):

- **Outerwear** that may be worn in the building includes the following:
 - **Only plain and solid:** white, navy blue, hunter green or light blue
 - **NO Hoodies** (this includes a hoodie with the hood down or tucked under)
 - **NOT** tied around the waist or shoulders – outerwear may be carried over the bent elbow to take outside to be worn during recess but must be removed when re-entering the building.
- **Nails:** Clear, pale pink, pale beige, or French-style plain nail polish is permitted. No other colors or seasonal designs are allowed. No false nails are permitted.
- **Shorts, skirts, and jumpers:** Must be no shorter than 4" above the middle of or back of the knee. As students grow throughout the year, new items may need to be purchased to meet this standard.
- **No boots.** Solid colored **socks** in white, hunter green, light blue, navy blue, khaki, or black must be worn daily.
- **No leggings.** Students may wear tights/hose in solid neutrals. Footless tights/hose may not be worn.

I hope that you find these notes helpful. We hope that our policies help create an environment in which students can learn with fewer distractions and more individual accountability. Please don't hesitate to reach out if you have any questions.

Upcoming Events

Intent to Return for 2026-2027 at PRA

Forms come home Monday, February 2nd
Forms due by Friday, February 13th

PROP Used Uniform Sales

Wednesday, February 4th & Wednesday, February 18th

PROP Meeting - 8:15 a.m.

Thursday, February 5th

Spirit Day & Morning Assembly

Friday, February 6th

8:15 A.M. - Families welcome

8th Grade Promotion Picture Day

Tuesday, February 10th

Progress Reports for Quarter 3

Wednesday, February 11th

NJHS Induction Ceremony

Thursday, February 12th

Early Release / Valentine's Class Parties

Friday, February 13th

Parent-Teacher Conferences

Friday, February 13th

No School - Presidents' Day

Monday, February 16th

Talent Show

Thursday, February 26th

Board Meeting

Thursday, February 26th - 6:00 p.m.

Yearbook

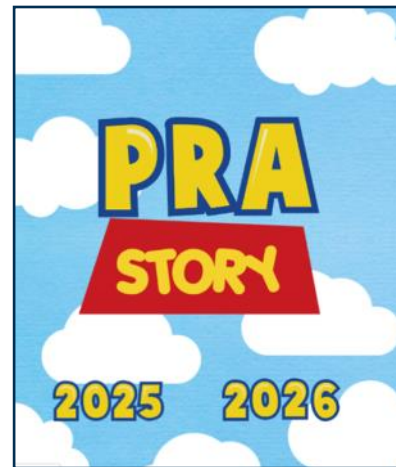
Order your yearbook now!

Ordering online gives you two free pages that are customized and printed **only** in your child's book. Include your own photos or a message from you. Want more pages? Each additional set of two pages is just \$1.99. Order now and keep editing your custom pages. The yearbooks comes with your choice of soft cover or hard cover.

Visit [TreeRing](#) to get started.

School passcode: 1015375557154465

Order Deadline: March 20, 2026



Scan this QR Code to get started today!

Cover Preview; Theme inspired by Toy Story



Great work, Sofia L., for selling the most boxes of chocolates for the 8th grade fundraiser in October.

Choir Concert

PRA's choir performed an excellent combination of festive songs at the December 9th concert.



Winter Parties & Reindeer Run



Students in each class competed leading up to the Reindeer Run event to determine who was the fastest. Then each student competed in a final race. Pictured are some of the winners!



7th & 8th Grade Winter Dance

The winter dance was filled with laughter and gingerbread. Their custom houses lined the walls and they showcased their smooth moves.



Community Impact



Thank you for your generous donations towards St. Mary's Food Bank.

In Our Library



Students creatively expressed their love for reading by filling paper lights inspired by a favorite book. They were able to wrap the whole room!



Spelling Bee

Students in 4th-8th grade competed in PRA's annual Spelling Bee. Congratulations, Meba K. in First Place, Ali A. in Second Place, and MuthuKumaran V. in Third Place!
This is a great accomplishment!



Tax Credit Donation

Our school thrives on generous community support through [Arizona Tax Credit donations](#). These contributions fund extracurricular programs, equipment, transportation, and essential resources. By directing your tax credit to our school—at NO COST TO YOU—you help create opportunities for students and strengthen the programs that support their success.

Intent to Return for 2026-2027

An Intent to Return form will be sent home with your student in the coming days. As we prepare for the next academic year, please complete and return the form so we have the necessary information on file.

Spread the word- New enrollment

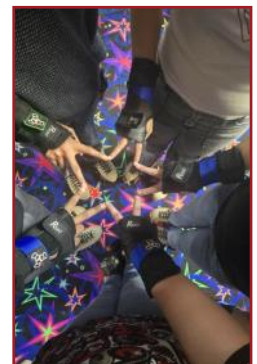
We're thankful for the trust you place in Painted Rock Academy. Because of our amazing families, we continue to thrive and proudly hold an A rating from the Arizona Department of Education. As we enroll for the 2026-2027 school year, we invite you to share our school with friends and family who are seeking strong academics and character-focused education. Thank you for being a valued part of our community.



Family Night at Great Skate



Your support is immensely appreciated! During our Skate-a-Thon event, over \$2,700 was raised.



7th Grade Field Trip - The Herberger Theater



Our 7th grade students met up with Valley Academy's 7th grade students at the Herberger Theater Center for a performance of *The Diary of Anne Frank*.

Shout out to Reid Traditional Schools' beloved ex-board member, Mark Mettes, the President & CEO of the Herberger Theater!

100th Day of School



First grade students showcasing their 100th day projects.



Preschool students showcasing their 100th day headbands.



Sports

Boys' Basketball

Coach Brittney is leading the boys' basketball team and the cheer squad. She was a cheerleader in Jr. High through High School, and she was also on the swim team. She has discovered that basketball is an amazing sport. GO Hawks!

Thank you, PROP, for making the purchase of basketballs for our teams!



Girls' Basketball



Coaches Lisa and Tracey.
Which is which?



Coach Tracey and her sister, Coach Lisa, along with Coach Nikki are leading the girls' basketball team. Tracey and Lisa grew up in sunny San Diego, CA, loving P.E. and history. Tracey has played basketball in six different states, including Alaska! She believes youth sports teach teamwork and encourage physical fitness. The opportunity to play on a team develops new skills, strengthens self-confidence, and can establish life-long friendships. We are thrilled to see students grow this season! Go PRA Hawks!

Painted Rock Organization of Parents

Monthly Meeting

Thursday, February 5th

Join us in the Parent Room at 8:00 a.m. for coffee and greetings.

The meeting will begin at 8:15 a.m.

Used Uniform Sales

Visit the Parent Room to purchase gently used uniforms on the first & third Wednesdays of every month.

Next Sale Dates: February 4th & 18th

Before school: 7:30 - 8:15 a.m.

After school: 2:15 - 3:30 p.m.

Shirts: \$2

Bottoms, Jumpers: \$3

Sweaters: \$3

Donate 2 clothing items, get one free.

****MORE VOLUNTEERS ARE NEEDED to help with Used Uniforms.**

Email propazpresident@gmail.com for more information



Follow PROP on Facebook and Instagram!



@painted_rock_parents



@PaintedRockParents

GAME BOOTH SPONSORS NEEDED!

SPRING FLING

SATURDAY, MARCH 7TH

11AM-2PM

PROP is seeking businesses, clubs, or local organizations to **host a Game Booth** at the Spring Fling! If you are part of an organization that is interested in this opportunity, please email propazpresident@gmail.com for link to the application.



Did you know?

Painted Rock Families are requested to volunteer at least 3 hours per month per family.

PROP always has volunteer opportunities! We love when parents play an active role in their child's school. Come to our next PROP Meeting to find out what's going on, watch for emails with Signup Geniuses or email volunteerPROP@gmail.com to be added to our database!

February 2026

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 "Intent to Return" Forms Sent Home	3	4 PROP Used Uniform Sales 7:30-8:15 a.m. & 2:15-3:30 p.m.	5 PROP Meeting 8:15 a.m. NJHS Mtg. 3:30-4:15 p.m.	6 Spirit Day Morning Assembly 8:15 a.m. PROPicles Candy Gram Orders Close	7
8	9	10 8th Grade Promotion Pictures	11 Progress Reports	12 NJHS Induction Ceremony 5:00 p.m.	13 Class Parties Early Release Parent-Teacher Conf.	14 "Intent to Return" Forms Due 2/13/26
15	16 No School Presidents' Day	17	18 PROP Used Uniform Sales 7:30-8:15 a.m. & 2:15-3:30 p.m.	19	20 Caught Being Good	21
22	23	24	25	26 Talent Show 4:00 p.m. Board Meeting 6:00 p.m.	27	28

March 2026

1	2	3	4 PROP Used Uniform Sales 7:30-8:15 a.m. & 2:15-3:30 p.m.	5 PROP Meeting 8:15 a.m.	6 Spirit Day Morning Assembly 8:15 a.m. PROPicles	7 Spring Fling 11:00 - 2:00 p.m.
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February 2026

What's for lunch?



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

A LA CARTE

Served daily

- Sides**
- PB&J
 - Cheesecake
 - Lays Chips
 - Doritos Nachos
 - Mini Cheesecake
 - Yoplait Go-Gurt

- Mini Chocolate Chip Cookies
- GoGo Squeez Apple Sauce
- Salad Bar and Fruit
- PB&J, Salad and Fruit - No Drink
- Unavailable - Grapes or Strawberry
- Knott's Berry Farm Strawberry Cookies

Drinks

- Apple Juice Box
 - One Milk
 - Capri-Sun - variety flavors
- Breakfast Day Add-ons**
- One Egg Patty
 - One Hash Brown
 - One Sausage Patty

2

- Hamburger & Fries
- Chicken Sandwich & Fries
- Grilled Cheese & Fries

9

- Chicken Nuggets & Fries
- Chicken Tenders & Fries
- Grilled Cheese & Fries

16

No School
President's Day

23

- Hamburger & Fries
- Chicken Sandwich & Fries
- Grilled Cheese & Fries

3

- Mini Cheese Pizza
- Mini Pepperoni Pizza
- Cheese OR Pepperoni Stuffed Crust Pizza Slices
- Pepperoni Hot Pocket

10

- Mini Cheese Pizza
- Mini Pepperoni Pizza
- Cheese OR Pepperoni Stuffed Crust Pizza Slices
- Pepperoni Hot Pocket

17

- Mini Cheese Pizza
- Mini Pepperoni Pizza
- Cheese OR Pepperoni Stuffed Crust Pizza Slices
- Pepperoni Hot Pocket

24

- Mini Cheese Pizza
- Mini Pepperoni Pizza
- Cheese OR Pepperoni Stuffed Crust Pizza Slices
- Pepperoni Hot Pocket

4

- Cheese Quesadilla
- Chicken Quesadilla
- Beef Chimichanga
- Chicken Chimichanga
- Nachos: Tortilla Chips & Nacho Cheese

11

- Bean Tacos
- Nachos: Tortilla Chips & Nacho Cheese
- Rolled Up Beef Taquitos
- Rolled Up Chicken Taquitos

18

- Buttery Noodles
- Chicken Nuggets & Macaroni & Cheese
- Chicken Nuggets & Chips
- Macaroni & Cheese

25

- Buttery Noodles
- Pasta Marinara & Meatballs
- Pasta w/ Marinara Sauce
- Pepperoni Hot Pocket

5

- Pancake & Turkey Sausage on a Stick
- EGGO Mini Waffles
- EGGO Mini Pancake
- Confetti OR Maple Syrup

12

- Breakfast Sandwich:
- w/ OR w/o Cheese
- EGGO Mini Pancake:
- Confetti OR Maple Syrup
- EGGO Mini Waffles

19

- French Toast (3 sl.)
- French Toast & Egg (Cheese OR Bacon) Bites
- EGGO Mini Pancake
- Confetti OR Maple Syrup

26

- Pancake & Turkey Sausage on a Stick
- EGGO Mini Waffles
- EGGO Mini Pancake
- Confetti OR Maple Syrup

6

- Mini Cheese Pizza
- Mini Pepperoni Pizza
- Cheese OR Pepperoni Stuffed Crust Pizza Slices
- Pepperoni Hot Pocket

13

Early Release

20

- Corn Dogs & Chips
- Hot Dog & Chips
- Grilled Cheese & Chips
- Nachos: Tortilla Chips & Nacho Cheese

27

- Chicken Nuggets & Chips
- Chicken Tenders & Chips
- Grilled Cheese & Chips