December 2025 / January 2026

Hawk News

From the Administrator's Desk

Dear Painted Rock Academy Families,

I am pleased to share that we are once again an "A"-rated school. This is our 13th consecutive year earning this rating from the Arizona Department of Education. This honor reflects our teachers' commitment to student success and the consistent teamwork of students, parents, and staff. Thank you for your partnership.

As we approach the busy holiday season, here are a few reminders to support our students' academic progress:

- Encourage daily reading for 10 to 15 minutes to maintain fluency and comprehension.
- Practice math facts regularly; there are many helpful programs and resources listed on our website or click here.
- If your family has internet access and a device over break, students can use IXL to practice skills. IXL helps identify learning gaps and provides targeted practice in areas where students need support. If you need their login information, please reach out to your child's teacher.

We wish your family a safe, restful, and joyful holiday season. Thank you for keeping students engaged and ready to return to learning.

Warm Regards,
Mrs. Stella Goshow, M. Ed.
Principal, Painted Rock Academy

2nd grade performed "This Land is Your Land" written by Woody Guthrie.

Congratulations, Itzia C., for being the grand prize winner from the Movin' Through the Ages Fun Run raffle. We hope you enjoy the new bike!

From the Desk of Nurse Rose

Please remember that if your child has a fever that is 100 degrees Fahrenheit or greater, he or she will need to stay home from school until it has been 24 hours without a fever and without the use of fever reducing medication (acetaminophen, ibuprofen, naproxen). If your child is not feeling well, please keep him or her home from school until symptoms improve.

If your child needs medications while at school, a parent or guardian must bring the medication to the nurse's office and fill out a form. No medications should be in a student's backpack without specific permission. This includes over the counter medications and homeopathic medications as well.

Upcoming Events

PROP Used Uniform Sales
Wednesday, December 3rd & Wednesday, December 17th
PROP Meeting - 8:15 a.m.
Thursday, December 4th
Spirit Day & Morning Assembly
Friday, December 5th
8:15 A.M. - Families welcome
Choir Concert - 6:30 p.m.
Tuesday, December 9th
Board Meeting - 6:00 p.m.
Thursday, December 11th
Reindeer Run, Winter Parties & Early Release
Friday, December 19th **NO After-School Boulder Club**
End of Quarter 2
Friday, December 19th
No School - Winter Break
Monday, December 22nd - January 5th
School Resumes
Tuesday, January 6th
Report Cards on Parent Portal
Wednesday, January 7th
PROP Used Uniform Sales
Wednesday, January 7th & Wednesday, January 21st
PROP Meeting - 8:15 a.m.
Thursday, January 8th
Spirit Day & Morning Assembly
Friday, January 9th
8:15 A.M. - Families welcome
No School - MLK Day
Monday, January 19th
100th Day of School
Wednesday, January 21st

Boys' Basketball

Tryouts: December 2nd
Please submit completed Player's Agreement by December 1st or sooner.

Girls' Basketball

Tryouts: December 3rd
Please submit completed Player's Agreement by December 2nd.

Yearbook

Order your yearbook now!

Ordering online gives you two free pages that are customized and printed **only** in your child's book. Include your own photos or a message from you. Want more pages? Each additional set of two pages is just $1.99. Order now and keep editing your custom pages. The yearbooks comes with your choice of soft cover or hard cover.

Visit TreeRing to get started.
School passcode:
1015375557154465
Order Deadline: March 20, 2026

Veterans Day Celebration

Before Veterans Day, our school came together to honor the brave men and women who have served in the military. We held a heartfelt ceremony to recognize their sacrifices and immense contributions to our country.

It was an honor to celebrate and thank them for everything they have done for our nation.

Mrs. Kamble's class created poppy flower cards to give to the Veterans.

Model T

The Model T Club of Phoenix brought seven vehicles for students in 7th and 8th grade. They discussed the history and the remarkable difference these vehicles made on America.

Field Trip

Second Grade - Phoenix Zoo

Students were thrilled by the sights and sounds of the Phoenix Zoo this month on their field trip. Each group traveled a different path looking for their favorite animal and discovering new creatures along the way. Thank you, teachers, for nurturing curiosity in the students when planning this field trip!

Field Trip

Fifth Grade - Arizona Capitol Museum

This month, students in fifth grade were intrigued by the sights of the Arizona Capitol Museum on their field trip. They took notice of the history and the deeper understanding of our state. Mr. Fontes, Arizona Secretary of State, shared insight with the students and did a brief question and answer time with them. Students also saw the replica of the USS Arizona, built by Mr. Harper, the husband of our former Principal. Thank you, teachers, for organizing such an enriching, educational field trip for our students!

Fall Concert

Our fall concert was a fabulous expression of music and performance. Students in each grade level sang multiple songs together. Such as, "Fanga Alafia" a West African welcome song, "Power of Music" by Kristine W., "Light Up the World" from the tv show Glee, and several others.

Each student showed focus, skill and dedication in learning the songs. First grade performed with hand motions. Fifth and sixth performed with an instrument.

Thank you, Ms. Illsley, for your dedication to our students and teaching them performance skills. It was a wonderful concert!

Staff Highlights

Mrs. Shinde, Ms. Wolpert, Ms. Christian, and Mrs. Armentrout lead the National Junior Honor Society.

NJHS will be selling cups of hot chocolate from Dec. 10th to Dec. 18th before school. $1 per cup!

Proceeds will go towards a gift for the school.

We are thankful for all the wonderful teachers here at Painted Rock Academy! Ms. Illsley received a generous stock of school supplies from Teacher Lists' First Day Ready Sweepstakes. These items will go towards each Specials teacher's classrooms.

Staff Spirit Week: November 17th-21st

Dress like it's the 80's

Dress in All Black

Dress like it's Target

Dress like a Lumberjack

Dress like it's Starbucks

Sports

Girls' Cheerleading

Our spirited Cheerleaders attended the final regular season volleyball game, rooting our girls on to victory! Huge thanks to Coach Hess for preparing these girls to bring positivity, energy, and terrific hair-do's to our sports events.

Co-ed Flag Football

Coach Brace and the flag football team had a tough season, but sported strong school spirit, hard work, and commitments to the team throughout, Huge thanks to Coach Brace for his good sportsmanship and great efforts this year!

Girls' Volleyball

Coach Yellowman, Coach Uhlving, and the volleyball team accomplished 1st place in the Championship game! Excellent team work and show of school spirit at each game. The whole season concluded 13-1.

Coach Yellowman, Coach Uhlving and the Administrators are so proud of you, Lady Hawks!

Painted Rock Organization of Parents

Monthly Meeting

Thursday, December 4th
Thursday, January 8th

Join us in the Parent Room at 8:00 a.m. for coffee and greetings.

The meeting will begin at 8:15 a.m.

Used Uniform Sales

Visit the Parent Room to purchase gently used uniforms on the first & third Wednesdays of every month.

Next Sale Dates: December 3rd & 17th and January 7th & 21st

Before school: 7:30 - 8:15 a.m.
After school: 2:15 - 3:30 p.m.

Shirts: $2
Bottoms, Jumpers: $3
Sweaters: $3

Donate 2 clothing items, get one free.

Follow PROP on Facebook and Instagram!

@painted_rock_parents

@PaintedRockParents

Reindeer Run 2025!

Friday, December 19th

Join us to watch and cheer on the students during the annual reindeer run! Here are the times for each grade level

7th Grade - 8th Grade: 8:30 - 9:00 a.m.

Kindergarten - 1st Grade: 9:00 - 9:30 a.m.

2nd Grade - 3rd Grade: 9:30 - 10:00 a.m.

4th Grade - 6th Grade: 10:00 - 10:30 a.m.

Preschool: 10:30 - 11:00 a.m.

Want to Volunteer for this event?
Sign up here to help.

Did you know?

Painted Rock Families are requested to volunteer at least 3 hours per month per family.
PROP always has volunteer opportunities! We love when parents play an active role in their child's school.
Come to our next PROP Meeting to find out what's going on, watch for emails with Signup Geniuses or email volunteerPROP@gmail.com to be added to our database!

December 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
30	1 3	2 4	3 PROP Used Uniform Sales 7:30-8:15 a.m. & 2:15-3:30 p.m. Student Council Mtg. 3:30-4:15 p.m. 5	4 PROP Meeting 8:15 a.m. 6	5 **Spirit Day** **Morning Assembly 8:15 a.m.** PROPsicles 7th & 8th Winter Dance 6:00-7:00 p.m. 1	6
7	8 2	9 Choir Concert 6:30 p.m. 3	10 NJHS $1 Hot Chocolate Sales 12/10-12/18 4	11 **Board Meeting** 6:00 p.m. 5	12 Caught Being Good 6	13
14	15 NJHS $1 Hot Chocolate Sales 1	16 2	17 PROP Used Uniform Sales 7:30-8:15 a.m. & 2:15-3:30 p.m. Student Council Mtg. 3:30-4:00 p.m. 3	18 12/10-12/18 4	19 Reindeer Run **Early Release** **Winter Parties** **No Boulder Club** 5	20
21	22 No School - Winter Break	23	24	25	26	27
28	29 No School - Winter Break School Resumes January 6th	30	31	1	2	3

January 2026

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	Winter Sports Season! Boys' and Girls' Basketball			1 No School - Winter Break School Resumes January 6th	2	3
4	5 No School Winter Break	6 ***School Resumes*** 6	7 Report Cards PROP Used Uniform Sales 7:30-8:15 a.m. & 2:15-3:30 p.m. Student Council Mtg. 3:30-4:15 p.m. 1	8 PROP Meeting 8:15 a.m. **Board Meeting** 6:00 p.m. 2	9 **Spirit Day** **Morning Assembly** **8:15 a.m.** PROPsicles 3	10
11	12 4	13 5	14 6	15 1	16 Caught Being Good Q2 Honor Roll Ice Cream 2	17
18	19 No School MLK Day	20 3	21 100th Day PROP Used Uniform Sales 7:30-8:15 a.m. & 2:15-3:30 p.m. Student Council Mtg. 3:30-4:00 p.m. 4	22 5	23 6	24
25	26 Candy Grams Start 1	27 2	28 3	29 4	30 5	31

December 2025

What's for lunch?

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY

Sides
- PB&J
- Lays Chips
- Doritos Nachos
- Mini Oreos Snack Bag
- Yoplait Go-Gurt
- Mini Chocolate Chip Cookies

A LA CARTE - Served daily
- GoGo Squeez Apple Sauce
- Salad Bar and Fruit
- PB&J, Salad and Fruit - No Drink
- Mother's Circus Animal Cookies
- Uncrustable - Grape or Strawberry
- Knotts Berry Farms Strawberry Cookies

Drinks
- Apple Juice Box
- Ono Milk
- Capri-Sun = variety flavors

Breakfast Day Add-ons
- Ono Egg Patty
- Ono Hash Brown
- Ono Sausage Patty

1 - Hamburger & Fries - Chicken Sandwich & Fries - Grilled Cheese & Fries	2 - Mini Cheese Pizza - Mini Pepperoni Pizza - Cheese OR Pepperoni Stuffed Crust Pizza Slices - Pepperoni Hot Pocket	3 - Cheese Quesadilla - Chicken Quesadilla - Beef Chimichanga - Chicken Chimichanga - Nachos: Tortilla Chips & Nacho Cheese	4 - French Toast (3 sl.) - French Toast & Egg (Cheese OR Bacon) Bites EGGO Mini Pancake: - Confetti OR Maple Syrup	5 - Mini Cheese Pizza - Mini Pepperoni Pizza - Cheese OR Pepperoni Stuffed Crust Pizza Slices - Pepperoni Hot Pocket
8 - Chicken Nuggets & Fries - Chicken Tenders & Fries - Grilled Cheese & Fries	9 - Mini Cheese Pizza - Mini Pepperoni Pizza - Cheese OR Pepperoni Stuffed Crust Pizza Slices - Pepperoni Hot Pocket	10 - Buttery Noodles - Pasta Marinara & Meatballs - Pasta w/ Marinara Sauce - Pepperoni Hot Pocket	11 Breakfast Sandwich: - w/ OR w/o Cheese EGGO Mini Pancake: - Confetti OR Maple Syrup - EGGO Mini Waffles	12 - Pot Stickers & Fries - Teriyaki Chicken & Fries - Grilled Cheese & Fries
15 - Bean Tacos - Nachos: Tortilla Chips & Nacho Cheese - Rolled Up Beef Taquitos - Rolled Up Chicken Taquitos	16 - Mini Cheese Pizza - Mini Pepperoni Pizza - Cheese OR Pepperoni Stuffed Crust Pizza Slices - Pepperoni Hot Pocket	17 - Corn Dogs & Fries - Hot Dog & Fries - Grilled Cheese & Fries	18 - Belgian Waffles Chicken & Waffles: - 4 Tenders & 3 Waffles - 3 Tenders and 2 Waffles EGGO Mini Pancake: - Confetti OR Maple Syrup - EGGO Mini Waffles	19 **Early Release**

No School
Winter Break

January 2026

What's for lunch?

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY

Sides
- PB&J
- Lays Chips
- Doritos Nachos
- Mini Oreos Snack Bag
- Yoplait Go-Gurt
- Mini Chocolate Chip Cookies

A LA CARTE - Served daily
- GoGo Squeez Apple Sauce
- Salad Bar and Fruit
- PB&J, Salad and Fruit - No Drink
- Mother's Circus Animal Cookies
- Uncrustable - Grape or Strawberry
- Knotts Berry Farms Strawberry Cookies

Drinks
- Apple Juice Box
- One Milk
- Capri-Sun = variety flavors

Breakfast Day Add-ons
- One Egg Patty
- One Hash Brown
- One Sausage Patty

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
5 **No School** **Winter Break**	6 - Mini Cheese Pizza - Mini Pepperoni Pizza - Cheese OR Pepperoni Stuffed Crust Pizza Slices - Pepperoni Hot Pocket	7 - Buttery Noodles - Chicken Nuggets & Macaroni & Cheese - Chicken Nuggets & Chips - Macaroni & Cheese	8 - French Toast (3 sl.) - French Toast & Egg (Cheese OR Bacon) Bites EGGO Mini Pancake: - Confetti OR Maple Syrup	9 - Mini Cheese Pizza - Mini Pepperoni Pizza - Cheese OR Pepperoni Stuffed Crust Pizza Slices - Pepperoni Hot Pocket
12 - Hamburger & Fries - Chicken Sandwich & Fries - Grilled Cheese & Fries	13 - Mini Cheese Pizza - Mini Pepperoni Pizza - Cheese OR Pepperoni Stuffed Crust Pizza Slices - Pepperoni Hot Pocket	14 - Cheese Quesadilla - Chicken Quesadilla - Beef Chimichanga - Chicken Chimichanga - Nachos: Tortilla Chips & Nacho Cheese	15 - Pancake & Turkey Sausage on a Stick - EGGO Mini Waffles EGGO Mini Pancake: - Confetti OR Maple Syrup	16 - Chicken Nuggets & Fries - Chicken Tenders & Fries - Grilled Cheese & Fries
19 **No School** **MLK Day**	20 - Mini Cheese Pizza - Mini Pepperoni Pizza - Cheese OR Pepperoni Stuffed Crust Pizza Slices - Pepperoni Hot Pocket	21 - Buttery Noodles - Pasta Marinara & Meatballs - Pasta w/ Marinara Sauce - Pepperoni Hot Pocket	22 Breakfast Sandwich: - w/ OR w/o Cheese EGGO Mini Pancake: - Confetti OR Maple Syrup - EGGO Mini Waffles	23 - Corn Dogs & Chips - Hot Dog & Chips - Grilled Cheese & Chips - Nachos: Tortilla Chips & Nacho Cheese
26 - Pot Stickers & Fries - Teriyaki Chicken & Fries - Grilled Cheese & Fries	27 - Mini Cheese Pizza - Mini Pepperoni Pizza - Cheese OR Pepperoni Stuffed Crust Pizza Slices - Pepperoni Hot Pocket	28 - Orange Chicken & Fries - Popcorn Chicken & Fries - Pepperoni Hot Pocket	29 - Belgian Waffles Chicken & Waffles: - 4 Tenders & 3 Waffles - 3 Tenders and 2 Waffles EGGO Mini Pancake: - Confetti OR Maple Syrup - EGGO Mini Waffles	30 - Bean Tacos - Nachos: Tortilla Chips & Nacho Cheese - Rolled Up Beef Taquitos - Rolled Up Chicken Taquitos