September 2025

Hawk News

From the Administrator's Desk

Dear Painted Rock Academy Families,

On behalf of all teachers and staff, I would like to extend a warm welcome to the 2025-2026 school year! As the hallways and classrooms fill with excited conversations about summer vacations and classroom assignments, we feel the anticipation of another year of inspiring young minds. We are excited to have students back and look forward to partnering with families to create a dynamic learning experience for all.

We believe that a strong partnership between home and school is key to students' success, and we encourage all families to get involved. We recommend attending one of the monthly PROP meetings or reaching out to your child's teacher for volunteer opportunities.

Important information for the school year:

- Communication: The school will use the monthly newsletters, Blackboard messages, the parent portal, and teacher websites to keep you informed of important dates, events, and school news. Please make sure that your contact information is updated in the parent portal by logging into your portal this week to verify your information.
- Student Handbook: For information on our policies regarding attendance, discipline, and other relevant matters, please review the Student/Parent Handbook, available on the school website. A copy was also given to every student.

A new school year always brings great energy and new possibilities. We are confident that by working together, this will be a fantastic year of growth and achievement for our students.

Sincerely,

Mrs. Goshow

Upcoming Events

No School
Monday, September 1st - Labor Day
PROP Meeting - 8:15 A.M.
Thursday, September 4th
Spirit Day & Morning Assembly
Friday, September 5th
8:15 A.M. - Families welcome
Progress Reports
Wednesday, September 10th - available on ParentVUE
Picture Day
Tuesday, September 16th
Family Fun Night at Peter Piper Pizza
Thursday, September 18th, 4 - 9 P.M.
Early Release
Friday, September 19th - Staff Development

As the warm weather continues this month, having a reusable water bottle each day is important. Please label your children's personal items with their first and last name to prevent items being left in the Lost and Found.

Pre-order your yearbook now and save 10%!

Ordering online gives you two pages that are customized and printed only in your child's book. Include your own photos or a message from you. Order by Sept. 30th and keep editing your custom pages.

Visit TreeRing to get started.

For more information, please visit our website at www.PaintedRockAcademy.com

Nash's Notes: Reminders from the Assistant Principal

Welcome back to school!

Here are some notes that will help your student be successful this year. Please let me know if you have any questions or concerns.

Attendance (Student Planner page 11):
Every minute counts at Painted Rock Academy. When students are late to school, not only do they miss valuable instruction, but it is also a disruption to the other students who were on time and already settled into the day. Here are some highlights from our tardy policy:

- **School begins at 8:00 a.m.**
- Students are considered tardy if they arrive after 8:05 a.m.
- All students **arriving after 8:05 a.m.** must have a parent sign them in at the school office.
- If a student is tardy due to a doctor's appointment, please bring a note from the doctor's office to excuse the tardy.
- **Four unexcused tardies in a quarter will earn a detention.**
- Continued tardies will lead to additional detentions, a student/parent/administrator conference, in-school suspension, out-of-school suspension, and possible referral to a Maricopa County Truancy Officer.

Please allow extra time in the morning to ensure your student is on time. The best way to start the day is with your student in their seat, ready to learn at 8:00 a.m.

Dress Standard (Student Planner pages 15-17):

Following are a few reminders about our dress standard. For a complete list of requirements, please refer to the Student Planner.

- All students are required to have their shirts tucked in at all times.
- 3rd – 8th graders are required to have **belt loops** in pants and shorts and must wear a **belt** everyday.
- **Shorts, skirts, and jumpers** must be no shorter than 4 inches above the back of the knee.
- **Outerwear** must meet the uniform standard to be worn in the building/classroom (see page 16).
- **Socks** must be solid-colored, white, hunter green, light blue, navy blue, khaki, or black. They must cover the ankle bone but not be pulled above the knee.
- No **faddish hairstyles** such as spiking, shaved designs, mohawks, etc.
- No **unnatural coloring**, **highlights**, **streaking**, or **hair extensions**.
- **Makeup**: No glitter, eye shadow, mascara, or eye liner is permitted.
- No **false nails.** Permitted nail polish colors: pale pink, pale beige, or French-style plain.
- No **tattoos** (permanent or temporary).
- **Spirit Days** are generally the first Friday of each month and are indicated in your Student Planner.

Fall Sports

Watch for a game schedule to be emailed the week of September 8th. Please plan to attend and support our hard-working athletes!

- Co-ed Flag Football – tryouts have begun
- Girls' Volleyball – tryouts have concluded and the team has been selected
- Cheer (Fall and Spring) – Tryouts begin Wednesday, September 3rd

Meet Our Staff

Administration / Office
Ms. Mitchell, M.Ed. - CEO
Mrs. Goshow, M. Ed. - Principal
Mrs. Nash - Asst. Principal
Mrs. Hubbard - Secretary
Mrs. Firdous - Office Assistant
Ms. Rose, R.N.- Health Office
Ms. Albarran - Receptionist

Support Staff
Mr. Brashears - Maintenance
Mr. Mendiola - Maintenance
Mrs. Ramirez-Perez - Food Service Mgr.
Ms. Bunch - Food Service

Special Area Teachers
Ms. Wolpert - Art
Mrs. Thangavel - Technology
Mrs. Smith - Library
Ms. Illsley - Music
Coach J. Lifsey - Physical Education
Mrs. Armentrout - World Language
Ms. Keitges - Special Education
Mrs. Carter - Speech

Preschool
Mrs. Fellars
Ms. Skiba

Kindergarten
Mrs. Globokar
Mrs. Venugopal

First Grade
Mrs. Kamble
Mrs. Wood

Second Grade
Mrs. Sultana
Mrs. Shinde

Third Grade
Mrs. Modi
Mr. Ho

Fourth Grade
Mrs. Patel
Ms. Jackson

Fifth Grade
Ms. Christian
Ms. Scrip

Sixth Grade
Mrs. Chittapur - Math
Mrs. Gupta - Science

Seventh & Eighth Grade
Mrs. Nielsen - Math
Mr. Hicks - Language
Mrs. Yellowman - Science
Mrs. Wolpert - History

Boulder Club
Mrs. H. Sultana - Coordinator

Academic Support
Mrs. Hess - Compliance Coordinator
Mrs. Balasubramanian - Tutor

Classroom Aides
Ms. Chavez
Mrs. Daggumati
Ms. Globokar
Mrs. Krawtschuck
Mrs. Lamerton
Ms. McQuain
Ms. Ochoa
Mrs. Romero
Mrs. Shvedova

Do you want to learn more about a teacher? Visit the front office to view their profiles.

A message from our Government
As a public school, Painted Rock Academy is asked to make our families aware of certain state and governmental notices. Here they are, in a nutshell:

- The "Move On When Reading" state policy, a result of the legislation in A.R.S §15-701, A.R.S §15-704, and A.R.S §15-211 (as amended by HB2026) explains the requirements for pupil promotion, early literacy instruction, and accountability for student achievement in reading. It requires that a student not be promoted from third grade to fourth grade if he or she "does not demonstrate sufficient reading skills" on the state's third grade reading test in accordance with the statutes. For more info https://www.azed.gov/mowr
- Federal Educational Rights and Privacy Act (FERPA) - Parents are allowed to inspect school records and have an expectation of privacy in educational matters. Reid Traditional Schools does not share directory information for commercial purposes. For more information on FERPA rights, check out the Other Services area of out website, or ask the school office for assistance.
- IRS Form 990—A copy of the school's non-profit tax return is available in the school office upon request.
- Asbestos Hazard Emergency Response Act (AHERA) - The school has been inspected for asbestos and certified to be asbestos free. The required AHERA Management Plan and inspection materials are available in the school office.
- Individuals with Disabilities Education Act (IDEA) - Students with disabilities are entitled to a copy of procedural safeguards. For more information, check out the Other Services section of our website, or ask the school office for assistance.
- McKinney-Vento Act—Special guidelines on the enrollment and education of homeless children are outlined in the McKinney-Vento Homeless Assistance Act. For more information, see Rights of Homeless Students.

Making Memories

Ms. Bunch and Mrs. Ramirez-Perez serve healthy lunches!

Meet the Teacher Event

Coach J. teaches Physical Education

Mrs. Hajira and Ms. Andrea are two of our terrific Academic Arcade and Boulder Club staff.

Mrs. Sultana and Mrs. Shinde teach 2nd Grade!

Mrs. Wood's 1st grade class checked out books from the library for the first time!

Thank you, aides and staff who have endured the heat and kept our students safe!

7th and 8th grade science with Mrs. Yellowman

Mrs. Kamble, 1st Grade
Ms. Jackson, 4th Grade

WELCOME

to

PRA!

Mrs. Chittapur's 6th grade class played sparkle with the week's spelling list.

Painted Rock Organization of Parents

Monthly Meeting

Thursday, September 4th

Join us in the Parent Room at 8:00 a.m. for coffee and greetings.

The meeting will begin at 8:15 a.m.

Used Uniform Sales

Visit the Parent Room to purchase gently used uniforms.
September 3rd and September 17th.
Before school: 7:30 - 8:15 a.m.
After school: 2:15 - 3:30 p.m.

Shirts: $2
Bottoms, Jumpers: $3
Sweaters: $3
Donate 2 clothing items, get one free.

Family Fun Night at Peter Piper Pizza

Thursday, September 18th
4:00 - 8:00 p.p.

3rd St. and Greenway
245 E. Bell Road #55
Phoenix, AZ 85022

15% of all food, beverage and funpass game credits benefit PRA.

Let's celebrate being PRA Hawks!

This Friday, September 5th is this year's first Spirit Day.
Students will need to still wear uniform bottoms with their spirit shirt. A new shirt can be purchased from the Front Office with $10 in exact change or a check to PROP.

Mark your calendar

Fall Scholastic Book Fair is October 6th-10th
Fall Festival is October 9th
Volunteers are needed. Watch for more information.
volunteerprop@gmail.com

Looking for more ways to support our school while you shop?

Enroll in the Fry's Community Rewards Program!
Simply log in to your Fry's account, navigate to "My Account", then "Community Rewards".
Search for "Painted Rock Organization of Parents".
A portion of each purchase will help support PRA at no additional cost to you!

September 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 **No School** **Labor Day**	2 6	3 PROP Used Uniform Sales 7:30-8:15 a.m. & 2:15-3:30 p.m. Student Council Mtg. 3:30-4:00 pm 1	4 PROP Meeting 8:15 a.m. 2	5 **Spirit Day** **Morning Assembly 8:15 a.m.** PROPsicles 3	6
7	8 4	9 5	10 **Progress Reports** **Parent Portal** 6	11 1	12 Caught Being Good 2	13
14	15 3	16 *Fall Picture Day* 4	17 PROP Used Uniform Sales 7:30-8:15 a.m. & 2:15-3:30 p.m. 5	18 Student Council Elections - MPR 8:15 a.m./6th - 8th Peter Piper Pizza Family Night 6	19 **Early Release** **Staff Development** 1	20
21	22 2	23 3	24 4	25 **Board Meeting** **6:00 p.m.** 5	26 6	27
28	29 1	30 2				

Fall Sports Season has begun!
Co-ed Flag Football, Girls' Volleyball, and Cheer!
Watch for game schedules.

September 2025

What's for lunch?

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 No School Labor Day	2 - Mini Cheese Pizza - Mini Pepperoni Pizza - Chesse OR Pepperoni Stuffed Crust Pizza Slices - Pepperoni Hot Pocket	3 - Buttery Noodles - Chicken Nuggets & Macaroni & Cheese - Macaroni & Cheese	4 Breakfast Sandwich: - w/ OR w/o Cheese EGGO Mini Pancake: - Confetti OR Maple Syrup	5 - Mini Cheese Pizza - Mini Pepperoni Pizza - Chesse OR Pepperoni Stuffed Crust Pizza Slices - Pepperoni Hot Pocket
8 - Grilled Cheese & Fries - Hamburger & Fries - Hot Dog & Fries	9 - Mini Cheese Pizza - Mini Pepperoni Pizza - Chesse OR Pepperoni Stuffed Crust Pizza Slices - Pepperoni Hot Pocket	10 - Cheese Quesadilla - Chicken Quesadilla - Beef Chimichanga - Chicken Chimichanga	11 - French Toast (3 sl.) - French Toast & Egg (Cheese OR Bacon) Bites EGGO Mini Pancake: - Confetti OR Maple Syrup	12 - Corn Dogs & Chips - Grilled Cheese & Chips - Hot Dog & Chips
15 - Chicken Tenders & Fries - Grilled Cheese & Fries	16 - Mini Cheese Pizza - Mini Pepperoni Pizza - Chesse OR Pepperoni Stuffed Crust Pizza Slices - Pepperoni Hot Pocket	17 - Bean Tacos - Nachos: Tortilla Chips & Nacho Cheese - Rolled Up Beef Taquitos - Rolled Up Chicken Taquitos	18 Breakfast Sandwich: - w/ OR w/o Cheese EGGO Mini Pancake: - Confetti OR Maple Syrup	19 Early Release
22 - Chicken Nuggets & Fries - Chicken Sandwich & Fries - Grilled Cheese & Fries	23 - Mini Cheese Pizza - Mini Pepperoni Pizza - Chesse OR Pepperoni Stuffed Crust Pizza Slices - Pepperoni Hot Pocket	24 - Buttery Noodles - Pasta Marinara & Meatballs - Pasta w/ Marinara Sauce	25 - Pancake & Turkey Sausage on a Stick - EGGO Mini Waffles EGGO Mini Pancake: - Confetti OR Maple Syrup	26 - Chicken Tenders & Fries - Grilled Cheese & Fries
29 - Chicken Nuggets & Fries - Grilled Cheese & Fries - Teriyaki Chicken & Fries	30 - Mini Cheese Pizza - Mini Pepperoni Pizza - Chesse OR Pepperoni Stuffed Crust Pizza Slices - Pepperoni Hot Pocket			

A LA CARTE - Served daily

Sides

- GoGo Squeez Apple Sauce
- Salad Bar and Fruit
- PB&J, Salad and Fruit - No Drink
- Yoplait Go-Gurt
- Knotts Berry Farms Strawberry Cookies
- Uncrustable - Grape or Strawberry
- PB&J
- Lays Chips
- Doritos Nachos
- Mini Chocolate Chip Cookies
- Mini Oreos Snack Bag
- Mother's Circus Animal Cookies

Combos

- PB&J with Salad & Fruit

Drinks

- Apple Juice Box
- Ono Milk
- Capri-Sun - variety flavors

Breakfast Day Add-ons

- Ono Egg Patty
- Ono Hash Brown
- Ono Sausage Patty